



## Emergency First Aid at Work

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Our Emergency First Aid at work session is aimed towards providing caregivers with a working, tested knowledge of the processes involved in assessing an incident and providing appropriate emergency treatment on-site.

As part of the course delegates will cover and be able to:

- Demonstrate the safe management of an incident
- Demonstrate the recovery position and CPR
- Demonstrate how to respond to the needs of a casualty who may be unconscious, suffer breathing difficulties or exhibit severe bleeding
- Demonstrate how to manage a seizure
- Demonstrate how to administer first aid to a person who is in shock
- Explain how to manage a range of minor injuries
- Complete an accident report form

Learners are encouraged to share their existing knowledge of Emergency First Aid with the group.

Learners will be shown how to approach an incident and how to demonstrate First Aid to include: checking levels of consciousness and how to place a person in the recovery position. How to manage a seizure and administering First Aid to those in shock.

Learners will be shown how to perform C.P.R. using a manikin then moving onto how to assist a person who has a partially blocked airway and again how to assist a person who has a completely blocked airway using the manikin.

All learners will then individually demonstrate what they have learned, this will be assessed and an observation record will be completed by the tutor.