



## Infection Control

Our Infection Control course is typically a half-day session with the aim of providing caregivers and related staff with an awareness of how to adequately control infection in the workplace, based on a thorough understanding of how infection can be transmitted from person to person.

Key components include:

- Chain of infection
- Routes of infection
- Common infections, causes and the effects
- Current legislation, policy & procedures
- COSHH regulations
- Cleaning, disinfecting and sterilising

The session opens with an introduction to infection control, standard precautions which should be included in safe practice, and the work areas, tasks and incidents which carry the greatest risk of infection to staff and service users alike. This is followed up by a look at the eight steps that employers must follow in order to comply with COSHH regulations. The first part of the session draws to a close with an introduction to the six links in the chain of infection, and a detailed examination of the first two links – the micro-organisms which cause the infection, and the bodily reservoirs in which they thrive.

This is followed up by a look at the natural barriers, both internal and external, which can help the body to prevent infection by blocking, trapping or destroying micro-organisms – along with several factors that can impair the effectiveness of these barriers. The session begins to wind down with a focus on methods of cleaning, decontamination, disinfection and good hand washing, before closing with an end-of-session assessment.